

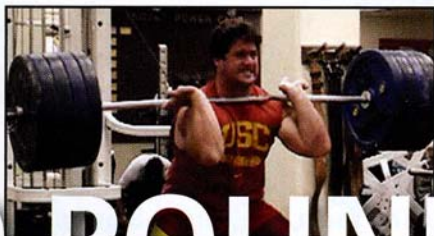
# Bryant Does It Again, but This Time It's Noah!

*BFS* has run many news items about powerlifter and strongman Josh Bryant, but lately it's his brother Noah, a shot-putter and hammer thrower, who has been grabbing the headlines. The USC senior almost died two years ago throw-

ing the hammer when the 16-pound metal ball bounced off the protective cage and fractured his face in 14 places – his doctor said that blow came within an inch of killing him. But Noah recovered, and in a big way, breaking the school record with a put of 67'5½" (20.56m) and winning the Pac-10 championships for the second year in a row. In the weightroom, Noah has also made some impressive lifts, including the following: power clean, 440 pounds; back squat, 665; bench press, 505.



(USCSID photo)



# 440 POUNDS